

WEST ISLAND LAKERS INTERCITY PROGRAM



PARENTS/PLAYERS: It is very important that you review this information carefully as it contains critical need-to-know details on the Lakers. If you have any questions or concerns, please contact one of the WILBA staff members, or vpintercity@wilba.net. We're happy to help!

- Basketball at a **competitive level**.
- **League play** with other competitive teams throughout Quebec
- Travel to **out-of-town tournaments** in Quebec and Ontario.
- **Equal Participation** at Mini & Bantam level.
- Minimum minutes of **playing time** for other levels.
- **Development** of all players selected to the team.

PARENTS: Please attend the parents meeting to be held just after the tryouts begin. This parents meeting will provide additional details on the Lakers competitive basketball program and will provide you with an opportunity to ask questions, address concerns, and receive clarification.

PLAYER COMMITMENT

- 1½ hour **practice** two to three times a week at gym locations in the West Island area. Players are expected to be at each practices.
- 1 **league game during the weekend** throughout the season.
- 2-3 **tournaments** per season depending on the season plan as determined by the coach (in consultation with parents and team manager).
- Playing WILBA along with High School Basketball ? YES! Turn the page for more information.

PARENT COMMITMENT

Transportation: Responsible for getting players to and from practices, weekend league games, in-town tournaments, **and** out-of-town (travel) tournaments.

Consultation: Attend team parent meetings where, in conjunction with coaches and team managers, a season plan (# of tournaments, costs of tournaments, location of tournaments, etc.) will be discussed and determined.

Volunteering: Every parent of every player is expected to commit to an essential volunteer effort to help the teams run. Managers will address & assign volunteer roles during one of the first team meetings.

COST

Registration Fee*: \$230

You MUST be registered to tryout.

Intercity Fee: \$220

Intercity fee is processed only if you child makes the team.

* If your child doesn't want to play house league the registration fee will be refunded.

WILBA is to be considered the primary sport commitment. This is a competitive program and coaches expect the same commitment as other competitive sports.

Season begins in October and wraps up in late March

Turn page for Tryout and Evaluation Information



THE TRYOUT

Player **MUST** attend their category tryout session. **No players will be allowed to tryout for a higher category.**

Each player is guaranteed two tryout sessions.

Following the second tryout session, some players will be released to either House League or other organization. Other tryouts will then take place until the teams are announced. There will be more players released to either House League or other organization.

Those remaining will continue on until the teams are finalized. All players are contacted by telephone by the coach and told of the outcome of their tryout.

TRYOUT SCHEDULE

Tryouts are held in September.

The tryout schedule will be published on the Association website.

Please continue to **check the website (www.wilba.net) to ensure you know the tryout schedule.**

PLAYING INTERCITY

No competitive experience needed. Basic skills, athletic capability, desire, understanding of the game, and commitment are all you need to try out.

EVALUATION PROCESS

All players at all levels are evaluated by a team of people: coaches at the playing level, non-parent assistant coaches, former coaches, and other intercity coaches.

Players are evaluated on a combination of fitness, basketball skills appropriate to their level, potential, attitude, team oriented as well as game situations.

Evaluation forms are the same from one level to the next and an evaluation rubric is used by all coaches.

REGISTRATION

- You **MUST** be registered with WILBA in order to tryout for one of the intercity teams.
- The day of the tryout, report to the registration table located in front of the gym.
- Players will receive a tryout number once their registration status is confirmed.
- If you are not registered with WILBA you will not be allowed in the gym.

Playing WILBA along with High School Basketball

No problem! Although we feel it is not possible to play competitive basketball and another competitive sport, the exception is school basketball. Many of our intercity players do both. Good communication between player's and coaches is critical to understand school basketball commitments.

Come join the West Island Lakers Team!

The West Island Basketball Association in one of the largest basketball associations in Quebec and has been in your community since the 1960's!